

## Shoreline Speech Therapy

## Telepractice Instructions



## Register with Blink Session

Shoreline will set you up in the system. Then you will **receive an email** with instructions.

The email will come from **Blink Session**, not Shoreline. Please check your spam/junk folder if you don't see it in your inbox.

Click on 'Register'.



Hello,

Pamela Coulter has invited you to create a user account for Blink Session. Click the link below to register

Register

Regards, Blink Session

If you're having trouble clicking the "<a href="https://login.blinksession.com/register?">https://login.blinksession.com/register?</a>
<a href="key=quNEP9m07TIWsHfk4BwAGXUQIFW6fFTks2mDb5CkAXaRYG86o1">key=quNEP9m07TIWsHfk4BwAGXUQIFW6fFTks2mDb5CkAXaRYG86o1</a>
<a href="button">button</a>, copy and paste the URL below into your web browser:

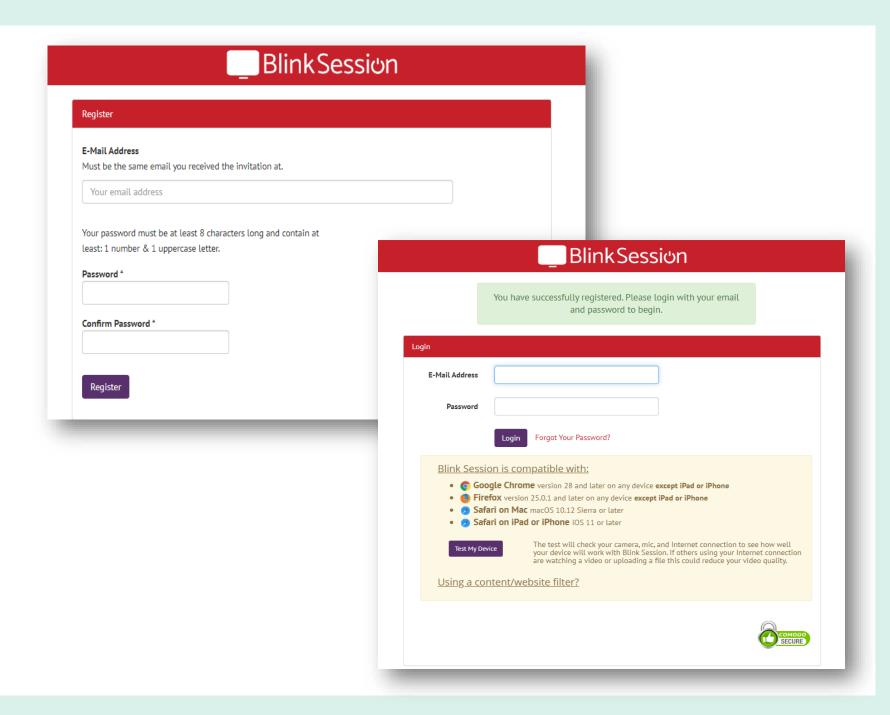
https://login.blinksession.com/register? key=quNEP9m07TIWsHfk4BwAGXUQIFW6fFTks2mDb5CkAXaRYG86o1

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# Register with Blink Session

Create a password.

Then you can log in.



# Log in to Blink Session

Go to:

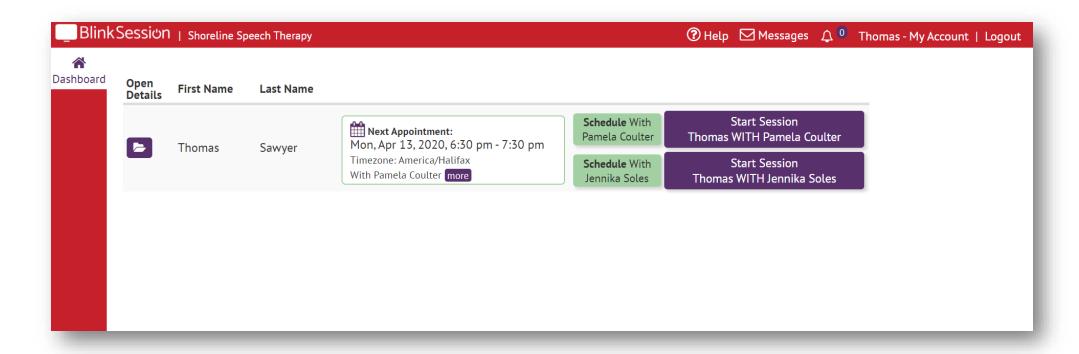
https://login.blinksession.com/login



E-Mail Address	
Password	
	Login Forgot Your Password?
Blink Sessi	on is compatible with:
_	ogle Chrome version 28 and later on any device except iPad or iPhone
_	efox version 25.0.1 and later on any device except iPad or iPhone Fari on Mac macOS 10.12 Sierra or later
	ari on iPad or iPhone iOS 11 or later
Test My De	The test will check your camera, mic, and Internet connection to see how well your device will work with Blink Session. If others using your Internet connect are watching a video or uploading a file this could reduce your video quality.
<u>Using a co</u>	ntent/website filter?

# View Your Dashboard

When you log in, you will see your dashboard. Your upcoming appointments are listed here.



# **Appointment Reminder**

You will receive a reminder email 24 hours before your appointment.

#### Appointments for Tomorrow: Monday April 13th



Blink Session <notifications@blinksession.com>
To pamela.coulter@outlook.com

i If there are problems with how this message is displayed, click here to view it in a web browser.



You have the following appointments scheduled for tomorrow.

#### Appointments For Initials: TS

Mon, Apr 13, 2020, 6:30 - 7:30 pm (America/Halifax Timezone) With Pamela Coulter <a href="mailto:pcoulter@shoreline-speech.com">pcoulter@shoreline-speech.com</a>

Login and Join a Session

#### **Technical Requirements**

You MUST join sessions from a computer, iPad, or \*\*Phone with a camera and mic AND using one of the following browsers:

Google Chrome (version 28 and later on any device **except iPad or iPhone**)
Firefox (version 25.0.1 and later on any device **except iPad or iPhone**)
Safari on Mac (macOS 10.12 Sierra or later)
Safari on iPad or iPhone (iOS 11 or later)

\*\*Though many modern Apple and Android phones are compatible, we strongly recommend using a computer or iPad because of screen size and call quality.

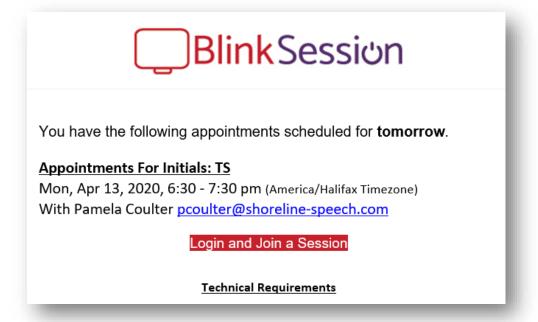
# Start your Appointment

There are **two ways** to start your appointment.

1. Use the link in the **reminder email**. Click 'Login and Join a Session'. This will take you to your dashboard.

or

2. Open your web browser, **log in** to Blink Session, go to your dashboard, and click 'Start Session'.

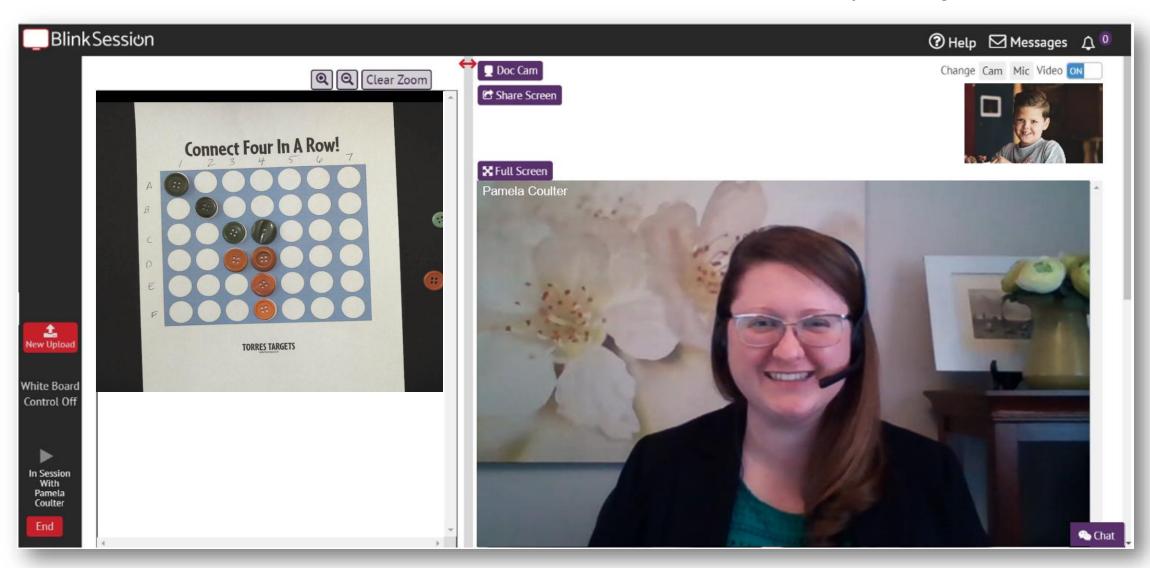




### The Appointment

When the session starts, you should see and hear your clinician.

Your clinician will control the software and walk you through the session.



## **Using a Headset**

SLPs use their ears and eyes to tell what's happening in your mouth and throat. For telepractice, audio quality is very important.

### We **strongly recommend** a headset for:

- adults working on stuttering, and speech goals
- school-aged children (who don't need a parent's help) working on stuttering and speech goals (e.g., /r/ and /s/ sounds)

A headset is not *necessary* but still *helpful* for:

- adults with aphasia or brain injury
- school-aged children working on reading and spoken language goals
- preschool children



## **Getting a Headset**

If you don't already have a headset at home, Amazon, Staples, and Best Buy have many options at different prices. Make sure you purchase a model with good reviews about audio quality. Your SLP can help you with this.

A headset is different than headphones. A headset has a **microphone**. This microphone is usually on an arm that positions the microphone near your mouth.

If getting a headset is difficult, please talk with your SLP. We can arrange to loan you a headset or purchase one for you.

### Some headsets suggested by Shoreline:

Logitech H111 Wired Stereo Headset

https://www.amazon.ca/gp/product/B00YJJB7YG/ref=ppx\_yo\_dt\_b\_asin\_image\_o 01\_s00?ie=UTF8&psc=1

Sennheiser headsets, such as:

https://www.amazon.ca/Sennheiser-PC-Chat-Communication-Learning/dp/B07GBTY82Q/ref=sr\_1\_51?keywords=sennheiser+headset&qid=158 7256001&sr=8-51&swrs=5CF1F0B378777A6549EF0E5AB6B47DB6

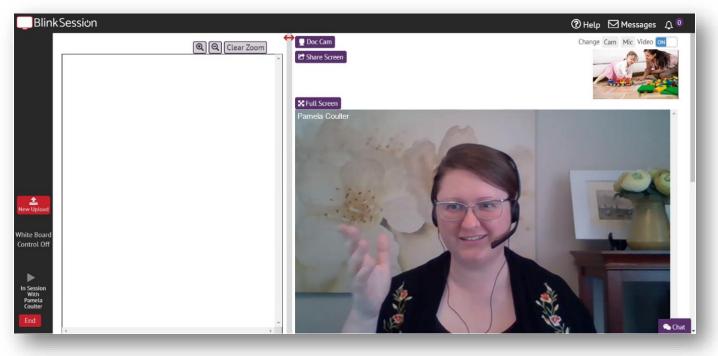


# Sessions with Young Children

With young children and/or therapy done during play, the parent takes a very active role.

The clinician will provide direction to the parent so they know what to do, observe and analyze the child's speech/language and behaviours, take data, and set new goals as the child progresses.





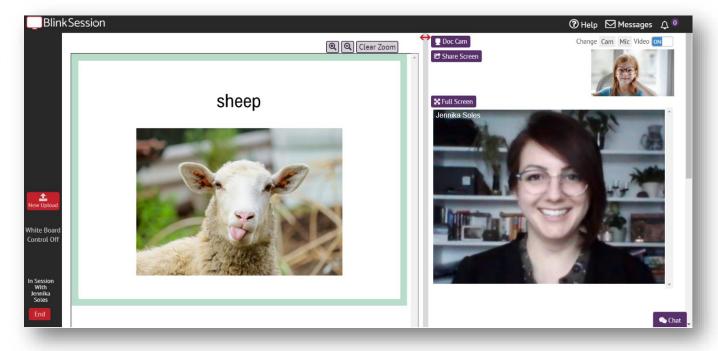
# **Sessions with Children**

With older preschool children or younger schoolaged children, sometimes the parent will play a reinforcement game and/or provide physical cueing.

If you'll be providing cueing, your clinician will give you specific directions and make sure you're doing it correctly. These will not be complex cues. Parents are only asked to use simple types of cues. It may just be touching a spot on your child's tongue or the roof of their mouth.







### **Adult Voice Therapy**

Voice clients will be loaned **specific equipment** by their SLP.

This may include a headset, condenser microphone, and/or sound level meter.

Your SLP will help you with set-up.

Clients will need a laptop or desktop computer. A tablet/iPad will likely not work well, but can be trialed.



### **Questions?**

If you have questions, please speak with your clinician - Pamela, Jennika, or Myrto.

You can also speak with the Clinical Coordinator, Pamela Coulter:

pcoulter@shoreline-speech.com

(902) 219-3065

For information about how Shoreline protects your personal health information, please visit our website:

https://www.shoreline-speech.com/policies